

Notes from Naptime Helper Meeting

Wednesday 5/17/07

- 1) There are kids that continually stay awake through naptime. They cause problems with the bags and are disruptive to the other children.

5/21: Problem – Children making noises because they are bored and they are getting up and down off their cots. They do not have to fall asleep but they have to lie quietly on their cots. They don't have to lay perfectly still, just quiet. Dillon B. (Bear), Cheyenne (Balloon), Matthew (Balloon), Josh R. (Balloon) and Safari Room Children.

- 2) No blocks – Noisy. Need soft toys to play with.

5/21: Extra toys to put in for blocks??

- 3) It would be nice if classrooms prepare for naptime earlier. Maybe get into the gym and settle down on their cots by 12:45.

5/21: Balloon Room and Safari Room still come in very energetic and loud.

- 4) Kids are picking up and dropping off naptime bags themselves causing disruptions.

5/21:

- 5) Assign rooms to specific doors that should be opened.

5/21: Will be assigned but may not be assigned to Lead Teachers. May be assigned to Naptime Helpers.

- 6) Kids are picking up blue diapers to help teacher clean up after nap.

5/21:

- 7) Some Naptime Helpers are putting cots down shortly after arriving.

5/21:

- 8) Some Lead Teachers go to the gym before the Naptime Helpers get into the room. "They aren't waiting". Problem – Room is out of ratio.

5/21: Farm Room teachers do this but mostly do it when they are within ratio.

- 9) Appears that some teachers are in a hurry to get out of the gym when lights turn back on. They pickup blue diapers and wake kids quickly while lights are still off. When in a hurry, things tend to be left behind for others to clean up. Although, sometimes Naptime Helpers prepare ahead of time due to the other teachers are usually late to arrive in the gym until after lights are on. This causes a lot of work for one person to do.

5/21: Safari Room teachers seem to trickle in after lights are turned on. It seems they are almost always coming in late. The other teachers are coming in about 2:45, early enough to start picking up diapers before kids wake up. Also, everyone should remember to help one another when lights come on. Look around and help if someone is struggling with being by themselves. Especially on Fridays. Looking into having Colin stay in the gym until 3:00.

- 10) A lot of Lead Teachers sit right away when light turn off or even before lights turn off while settling their children.

5/21: No Naptime Helper is regularly assigned to one specific room. They are to walk up and down to help kids remember to close eyes. The Lead Teachers have a different responsibility. They are allowed to sit down briefly with the child(ren) to help them get comfortable, especially if they know someone has had a bad day. Naptime Helpers have a big responsibility to read the Lead Teachers to make sure they are helping where needed.

- 11) Lead Teachers seem quick to run out at 1:30 leaving their children awake or not yet settled for the Naptime Helpers to assist them to get to sleep.

5/21: Lead Teachers are responsible to have their children asleep BEFORE they leave the gym. There really is no time restriction. If 1:30 comes and your children are not asleep, you are to stay in the gym until they are. If this is a reoccurring situation, it is the Lead Teacher's responsibility to notify the office in order to get some help. Each and every Lead Teacher should give their best effort to help a child sleep, even the children that seem not to sleep each day. **I will check on a couple of children that seem to be left alone each day and not sleeping. It may be the issue that the parent has asked us not to make a big effort to get them to sleep. We also have some new teachers so we want to make sure we are all on the same page.